



## 10 Steps to Break Through Fear

By Simon H. Firth

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 126 pages. Dimensions: 8.0in. x 5.0in. x 0.3in. **TURN YOUR DREAM LIFE INTO YOUR REAL LIFE** Do you realise (real-eyes) that there is only ONE thing standing between where you are now and where you want your dream life to be Its not that you are too young, or too old, or too poor, or too busy. . . or any other excuse. Its FEAR. 10 Steps to Break Through Fear takes you step by step through 10 simple but remarkably effective techniques to help you break through all of your limiting beliefs about who you THINK you are and what you THINK you are capable of achieving. When you see the truth - that fear is nothing more than an illusion (False Evidence Appearing Real) - everything in your life changes: - You are free to HAVE everything you have ever wanted to have. - You are free to DO everything you have ever wanted to do. - You are free to start your business, start your family, take that course, take that trip, take your job and tell your boss to shove it so...



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