



## An Introduction to Craniosacral Therapy: Anatomy, Function, and Treatment

By Don Cohen

North Atlantic Books. Paperback. Book Condition: New. Paperback. 136 pages. Dimensions: 9.8in. x 8.0in. x 0.5in. Grounded in ancient hands-on methods of diagnosis and treatment while encompassing the innovations of the early experimental osteopaths, craniosacral-based treatment is now one of the most successful and fastest-growing approaches to mind-body healing. Providing access to the unity of structure and function in the organism, such therapy offers a simple, direct, and non-dogmatic means for tapping the body's inherent intelligence in a fluid and spontaneous way. We should not presume that the techniques in this book deal solely with the bones of the cranium, the spine, and the lower back. The craniosacral system is no less than the structural aspect of the central nervous system. Its methods originate in neural behavior and emotional energy and include their manifestations throughout the tissues and organs of the body. Both a medical system with precise anatomical criteria and a therapeutic art requiring a practitioner to feel, interpret, and move energy, modern craniosacral therapy offers a unique way to perceive and influence the structural configuration of the brain itself in its relationship to the body's architecture. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La...

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