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## DSM-5 Insanely Simplified: Unlocking the Spectrums Within DSM-5 and ICD-10 (Paperback)

By Steven Buser, Leonard Cruz

Innerquest, United States, 2015. Paperback. Book Condition: New. Luke Sloan (illustrator). 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The release of the Diagnostic and Statistical Manual Version 5 (DSM-5) marked one of the biggest changes to the field of mental health diagnosis in over 20 years. DSM-5 Insanely Simplified provides a summary of key concepts of the new diagnostic schema including a section on using ICD-10. DSM-5 Insanely Simplified utilizes a variety of devices to help clinicians memorize complex criteria and ideas about the different diagnoses. Cartoons, mnemonic devices, and summary tables allow clinicians and students to quickly grasp and retain broad concepts and subtle nuances related to psychiatric diagnosis. DSM-5 Insanely Simplified fosters quick mastery of the most important concepts introduced in DSM-5 while offering an entirely new way of looking at mental health along a continuum. This new approach avoids simply labeling clients, but rather places their symptoms along spectrums that range from normal to problematic. Mental health professionals as well as laymen interested in a deeper understanding of emotional well-being will appreciate the synthesis of theoretical psychology and modern diagnosis. Dr. Steven Buser has taught principles of psychiatric diagnosis to...



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